

### **Art Therapy Internship Facts**

- We only interview and accept second year graduate art therapy students
- All applicants must have at least 75 volunteer hours in a pediatric setting prior to beginning the internship
- We require a minimum of 20 hours per week. Internship days will fall between Monday and Friday and may be between the hours of 9-8pm. Interns will be at the placement for no longer than 8 hours per day.
- Interns may work with patients ranging from 2 through 23 years of age, as well as patients' siblings and families
- Interns will work with both long-term and short-term patients who have a variety of medical conditions, providing individual and group Art Therapy sessions
- Interns are required to write at least one progress note per patient per week, as well as keep a daily internship journal which is a tool to build a valuable record of their experiences and of their learning process, as well as a tool to help them record and analyze observations, optional readings, and experiences in order to integrate theory with clinical practice
- Interns have five assignments over the course of the Fall and Spring including:
  - A diagnosis study which is an opportunity for interns to explore and understand a pediatric illness and its implications for Art Therapy work
  - A cultural study which is an opportunity for interns to explore and understand a specific culture and its implications for Art Therapy work
  - One case study per semester which is an opportunity for interns to integrate theory and practice as it relates to one patient experience
  - An internship project which is an opportunity for interns to create something which will contribute to the hospital via environmental enhancement, developmental activities, medical education/support, or parental/sibling needs.
- Interns rotate throughout their internship allowing them to gain comprehensive knowledge of two different patient populations and how art therapy works within different areas of the hospital

- The Child Life and Creative Arts program consists of approximately 30 full time and part time specialists. We are integrated in all pediatric areas of the hospital including inpatient units as well as outpatient clinics and the emergency room.
- The Mt. Sinai Kravis Children's Hospital is located at 1184 Fifth Ave, between 98<sup>th</sup> St. and 101<sup>st</sup> St. The closest subway is the 6 train at 96<sup>th</sup> St. and Lexington Ave. You can either walk to the hospital from there or hop on the cross town bus for three stops, and get off at 97<sup>th</sup> St. and Fifth Ave.
- All completed Art Therapy Internship applications with the required forms are due no later than May 1, 2009